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## Children's Therapy Network 2017 Summer Programming

### GROUPS

We are excited to offer groups for children who are ready to put their skills to use in a larger group setting. We offer a variety of groups led by highly-skilled therapists with expertise in sensory processing, speech-language development, emotional, and social development. Our groups offer a unique opportunity to work with a combination of licensed professionals including mental health clinicians, occupational therapists, and speech therapists to meet your child's unique skill set and goals. Our specialized groups are designed to support children who are in or have participated in a therapy program, but continue to have concerns related to social engagement and participation. Our small groups (2-5 children) are a great transition for children who have completed individual therapy. Our groups are planned around the child! We identify a set of children with similar needs and match them up based on level of engagement, cognitive, and sensory needs.

**Group programming is specifically designed around skill development:**

**Coping skills ★ Self-Regulation ★ Social skills ★ Social language ★ Relationship building**

*Groups run for one hour per week from June 12-August 18 for a total of ten sessions.*

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### Parent Intensive Training Program

#### **Focusing on Relationships: Repair ★ Build ★ Heal ★ Grow**

*Do you struggle to understand your child and what he or she needs?*

*Do you have a child that regulates with others, but at home it is a different story?*

*Are you feeling like you spend your day avoiding the conflicts or "putting out fires" with your child?*

The parent-child relationship is like no other. The power of this relationship is a strong tool in supporting self-regulation and development. CTN's model in therapy is to support parents with the knowledge of sensory processing, emotional development, communication, and how it impacts behavior, relationship, and development.

Goals of the program:

- Understanding behavior
- Gaining strategies to work through tantrums or meltdowns
- Exploring parent needs and how they impact the relationship with the child

This specialized program will consist of ten contact hours of direct treatment with emphasis on parent training and skill development in which parent(s) receive guidance, coaching, and modeling in how to support their child with their regulation needs. This will include at least one in-home consultation. The frequency and duration of this will be individualized to meet each family's needs.

**Please contact us at (608) 234-5990 for more information!!!**